

# HĀLAU KALAMA STUDIO CLASSES

1732 S Chambers Rd Aurora, CO 80017

720-866-8914

[www.halaukalama.com](http://www.halaukalama.com)

## FITNESS FUSION WITH JONTAE

### Polynesian Dance Fusion & Fitness

Every Monday

5:30-6:30 PM

Halau Members: \$10 per class/drop in

Non-Halau Members: \$20 per class/drop in

## SLOW FLOW YOGA WITH CHARMAINE

First Monday of Each Month

6:30-7:30 PM

Slow flow is a relaxing sequence of grounding poses to restore harmony to your heart and revitalize the cells in your body. This class is suitable for all levels and abilities. Please bring a yoga mat and wear flexible/comfortable clothing.

Halau Members: \$5 drop in/\$20 for 5 classes

Non-Halau Members: \$10 drop in/\$45 for 5 classes

## 'ŌLELO HAWAI'I WITH ZYOLA

### Introductory Hawaiian Language Classes

Thursdays (Six Week Sessions)

6:00- 7:00 PM

Halau Members: \$5 per class/\$24 for session

Non-Halau Members: \$10 per class/\$54 for session

## BEGINNER'S COMBO CLASS WITH ELLEN

### Hula & Tahitian Basics

Thursday

7:00-8:00 PM

Halau Members: \$5 drop in/\$20 for 5 classes

Non-Halau Members: \$10 drop in/\$45 for 5 classes

NEED STUDIO SPACE? CONTACT US FOR DETAILS!